



St. Paul News

St. Paul Lutheran Church
100 7th St.

Ida Grove, Iowa
712-364-2918

www.stpauliq.org

JUNE

2026

Every Sunday Communion Part 3

In the previous few articles, I explored the historical and theological reasons for every Sunday/Saturday communion. Now to look at the reasons for having communion available every Saturday/Sunday.

- Our sin does not cease on non-communion weeks. The devil is a prowling lion seeking someone (including you) to devour. The Lord's Supper gives us forgiveness and strength against the devil's attacks.
- The Lord's Supper is God's medicine for people living in a weary world. There are weeks when life will hit extra hard. To know that medicine is waiting for you on Sunday is comforting.
- A person may withdraw themselves from church for various reasons for a while. Then they for whatever reason finally make it to worship. How good it will be that the Lord's Supper will be there waiting for them to be fed by God's extraordinary gift!
- We are an aging congregation, our members pass away. How comforting to know that a person received God's gift no matter when was the last time they were in worship.
- Many in our congregation have schedules that make it difficult for them to be in worship every week. Some of our youth have parents who are divorced, and therefore alternate where they worship. Some work jobs such as nursing where they have to be at work every other week. What if their schedule gets stuck on the non-communion Sunday? They can go quite a while without receiving communion.
- Our Praise Band & Organ based worship services alternate week-to-week. Which means that one style of service can become stuck on the non-communion service. This can give an unintentional message about the importance of one style of worship. Is the more contemporary music not worthy for communion? One might be tempted to ask. Weekly takes that problem out of the equation.
- I've mentioned many times in sermons. There is a beautiful gift of comfort that God gives us in the Lord's Supper. Hebrews 12:22-24 says, "But you have come to Mount Zion and to the city of the living God, the heavenly Jerusalem, and to innumerable angels in festal gathering, and to the assembly of the firstborn who are enrolled in heaven, and to God, the judge of all, and to the spirits of the righteous made perfect, and to Jesus, the mediator of a new covenant, and to the sprinkled blood that speaks a better word than the blood of Abel." These words

are echoed in the liturgy, “Therefore with angels and archangels and all the company of heaven...”.

- These words are a confession that at the sprinkled blood (the Lord’s Supper) we are united to the church triumphant (angels, archangels, and all the company of heaven). That company of heaven includes the heroes of the faith (Peter, Paul, James, John, etc.). It also includes those who have died in the faith (Mom, brother, Grandpa, Grandma, etc.). We never know when someone is going to die. Isn’t it a comfort to know that when they do, dinner with them is just a Sunday/Saturday away, as we join together in the Lord’s Supper.
- Think of it this way. On Fathers’ Day every year since it lands on the third Sunday of the month. Which means that though you don’t get to have a Father’s Day dinner at the local restaurant with the father who has passed on. You do get to dine with him at the Lord’s Supper. But we have never been able to do that for Mother’s Day because it always lands on the 2nd Sunday. Starting next year, you get to celebrate mother’s day with your mom who died years ago. Where? At the Lord’s Table.

I am sure that there are other reasons out there for offering every Sunday/Saturday communion. But hopefully between theological, historical, and reasons of empathy, we will together rediscover the benefits of this lost practice of weekly communion. God’s blessings.

In Christ,
Pastor Neil Wehmas



THERE WILL BE NO SUNDAY MORNING FELLOWSHIP OR SUNDAY MORNING BIBLE CLASS until this fall

HYMN SING SUNDAY so get your Hymn suggestions in the white box on the table in the Narthex by June 7th. Hymn Sing Sunday will be June 14th.

ASK THE PASTOR – "Have questions to ask Pastor Wehmas? He will attempt to answer a few questions as part of the service. **Submit your questions in the white box in the Narthex.** **First Ask the Pastor will be Heritage Days Sunday in the Park, June 28th**



VACATION BIBLE SCHOOL will be
June 15th – 19th, 2026
from 9:30AM-11:30AM
For grades that were completed this past year:
4 year old preschool -5th grade

Volunteer sign up sheets are on table in the Narthex or let Tracy Johnson, Robyn Devitt or Shelbi Conover

know. Registration online available for students and volunteers

<https://vbsmate.com/StPaulIdaGrove>

VBS DONATIONS: Chocolate chip cookies, sugar cookies, oreo cookies, cheese sticks, and closer to June 14: grapes, clementines, and depending on prices: watermelon. Juice: Hawaiian Punch or Sunny D. If easier, monetary donations are welcomed too and we can purchase items as well



COMMUNITY BASKET DONATIONS FOR JUNE: Personal Care Products: soap, toothpaste, toothbrushes, deodorant, shampoo/conditioner, etc.. Place your donation in the shopping cart in the Narthex or the clear tote on coat rack by front door. **Any items are appreciated as well, as they can always use donations.** The Community Basket is open on Thursdays (except 3rd Thursday), from 2:30-5:30PM ****They can always use canned vegetables, canned fruits & canned soups. ESPECIALLY CEREAL. Also note: they can use outdated items that are within a year of expiration.**

Mobile Food Pantry will be at Holstein Fire Station, on Thursday, June 18 from 4:30-5:30PM . Its helpful to bring a laundry basket or container for your food items.



2026 MONTHLY SCRIPTURE READING CALENDAR – JUNE is on the Welcome Center for you to pick up. It is also included in this newsletter on the back of the monthly calendar also available on our Website under the Calendar tab. As well as our Facebook page.

If you would like to go back and revisit reading the Bible in a year, a full year of The Whole Story monthly calendars for 2025, they are available in the Red Folder on the narrow table in the hall by the church office / past bulletins.

LUTHERAN FAMILY SERVICE is pleased to announce Lynnette Aschinger, clinical social worker, is back! Lynnette has therapy available here at St. Paul on Tuesdays, and she is also has offices in Storm Lake, Wall Lake and Carroll. Along with offering telehealth as well. To schedule an appointment call 712-276-9000 or email at Laschinger@LutheranFamilyService.org Business cards are available on the Welcome Center

MISSION CENTRAL EVENTS!

- July 8, 2026 – Dr. David Preus – Romania and Eurasia – 1:00 pm
- July 8, 2026 – Andrew and Noel Schaff – Taiwan – 1:30 pm
- July 11, 2026 – Wasmund family – South Korea – 1:00 pm
- July 11, 2026 – Rev Shauen Trump – Africa – 1:30 pm
- July 11, 2026 – Jaimelynn (Tinkey) Flores and Rev Flores – Chile – 2:00 pm

CAMP OKOBOJI 2026

Discipleship Programs

May 29-31	Kid's Kamp
June 4-7	Joy Camp 1
June 14-18	Cub Week 1
June 28-July 3	July 4 th Family Retreat
July 5-11	Jr High Week
July 9-12	Joy Camp 2
July 12-18	Cub Week 2
July 19-25	Youth Week
July 26-31	Family Retreat #1
August 2-7	Family Retreat #2

Other Events

January 23-25...Family Ice Fishing Retreat
May 1-2...Spring Volunteer Work Weekend
June 10-13...Iowa West District LWML Convention
June 20...Camp Okoboji Auxiliary Quilt Auction
June 21-27...Minneboji Lutheran Camp
May 24-September 6...Sunday Worship
1st Sundays of the Month (May-October)...Brunch
October 9-10...Fall Volunteer Work Weekend

For more information and to register, visit campokoboji.org



Stewardship Sentence:

The Stewardship sentences are shared in helping to reinforce faithful, discipleship-centered stewardship is deeply encouraging. With the hope that they would serve as a simple tool to connect God's Word to the daily lives of His people—shaping hearts, strengthening faith, and guiding Christians in their walk as disciples of Christ, and also serves as a reminder of the shared mission we have in nurturing faithful stewards of God's gifts.

Scripture: "The Lord is my shepherd; I shall not want." — Psalm 23:1

Stewardship Sentence: Because the Lord provides all we need, we joyfully return a portion of His gifts in gratitude and trust.

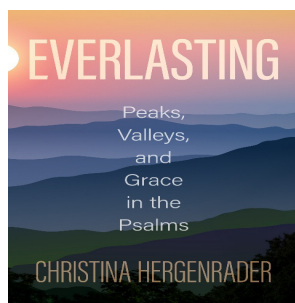
SOME OF YOUR OPTIONS FOR BIBLE STUDIES

WEDNESDAY EARLY MORNINGS BIBLE STUDY meets at **7:00AM** at Jimmy's

WEDNESDAY MORNINGS BIBLE STUDY meets from **9:30-10:30AM** in the Conference Room in the lower level.

NO SUNDAY MORNINGS BIBLE STUDY until Fall

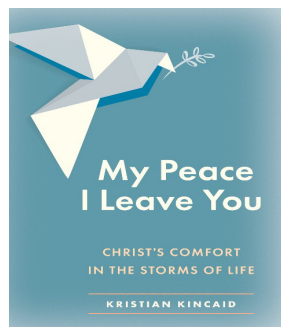
WOMEN'S EVENING BIBLE STUDY on **1ST AND 3RD Wednesdays** on the month at **6:30PM** and meet in the fellowship hall. The evening study will be doing **Everlasting, Peaks, Valleys & Grace in the Psalms**



Everlasting Peaks, Valleys and Grace in the Psalms by **Christina Hergenrader**

Anxious. Worthy. Ashamed. Nostalgic. Lonely. Secure. This is just a handful of emotions we observe in the Psalms—and in our day-to-day lives, too. In this women's Bible study from beloved author Christina Hergenrader, you'll be guided through 25 psalms, digging into their genres, perplex emotions, glimpses of Jesus, and more. While in this life we experience mountaintop moments, deep valleys, and everything in between, we can rest in God's everlasting love and grace. Gather your friends and together you can read, feel, discuss, pray, and grow closer to the Lord.

WOMEN'S DAYTIME BIBLE STUDY is on the **2nd & 3rd Thursdays** at **1:00PM** in the **Conference Room**. They will finish the last chapter of the Book *Enough for Now* by Sharla Fritz on Thursday June 11 and on June 18 they will start the book/ Bible study *My Peace, I Leave You*.



My Peace I Leave You by Kristian Kincaid shows you Christ's everlasting love for you through 20 different struggles. Guilt. Personal difficulties. Doubt. Pride. Worry. Whether or not you've gone through or felt each of them, there's certainly one that you've personally struggled with. Each chapter ends with a short prayer and Bible verse to help you reflect on the reading and points back to Christ helping you in daily life.

THE LARGE LWML MITE BOX that is on the table in the narthex will be highlighted and along with the **Mission Mite** of the month, on the **second Sunday** of each month. **For June: Gospel Outreach through the Digital Mission Field, Lutheran Hour Ministries, U.S. | \$100,000 About This Mission Grant** Lutheran Hour Ministries (LHM) sees the urgency to share the Gospel and grow the Kingdom of God by engaging people in the digital space. They have developed numerous digital resources that allow staff and volunteers to enter into conversations with individuals and provide biblically based answers for their lives. LHM's digital outreach platform, Thred, focuses on encouraging an open and honest conversation about life, faith, and Jesus with young adults. Gospel Adventures is a program designed for grade school and middle school youth where they experience meeting kids from another part of the world and can see God's work in action. High school students are being reached with a new resource to become effective witnesses for Jesus called *Spiritual Conversations: Sharing Life, Faith, and Jesus with Friends*. This grant will cover the cost of expanding mass media/proclamation activities and audience engagement, including social media, website, Bible courses, and training.

LWML LADIES BIBLE STUDY JUNE



Lutheran Women in Mission

RUTH (2) will meet on **May 7** at noon at Jimmy's and will have Bible study following at 1:00PM at the church in the Old Conference Room. Linda will be BSL. We had 11 present at our May meeting.

LOIS (3) will meet on **June 4** in the downstairs Conference Room at 1:30PM. Judy S. will be hostess and Judy W. will be BSL. We had 9 present for our May meeting. We put together 24 school kits for Orphan Grain Train.

EUNICE (10) will meet on **Wednesday, June 3** at Willowdale Assisted Living, Battle Creek at 2:00PM. Shar will be hostess and Karen will be BSL. We had 7 present for our May meeting.

JOHANNA(12) will meet **June 4 at 7:00PM**, at the Church in the Fellowship Hall. Karen will be hostess and Ann will be BSL. We had 6 at our May meeting.

LWML BIBLE STUDY LEADER'S MEETING on Tuesday, June 16 at 1:00PM

LWML IOWA DISTRICT WEST CONVENTION AT CAMP OKOBOJI from June 11-13, 2026
Information regarding the Convention and Registration forms are on the table by the **LARGE MITE BOX** on the narrow table by the glass windows. You can still register to go or you can also just go for one of the days

There will be offerings during camp a bucket is available if you would like to donate \$\$ towards any of these

David's Harp, St Paul Council Bluffs Memo #1

Mercy Meals of Siouxland Memo #2

Baskets passed for the Camp Okoboji staff Please make this check to Camp Okoboji

Bethesda Lutheran Disability Ministries Memo #3

Checks made to LWML Iowa West District except the staff basket, please don't fold checks or dollar bills [easier to count the offerings]

Those who knit or crochet, they want baby hats for Global Health Ministries for the newborn kits. The kits will be assembled as part of the Servant Events during the convention. Instructions in the E-news by the Mite Box.

The general ingathering for the convention will be:

For Swaddling Clothes Organizations across the District

1. Any size and brand of infant/toddler disposable diapers
2. Any brand of baby wipes

For Camp Okoboji

1. Dish Towels
2. Rugs of any size
3. "Gain" brand laundry soap
4. Bleach
5. Paper Towels

Let's fill Nancy and Lorna's vehicles with wonderful gifts as we **SERVE THE LORD WITH GLADNESS**

**** A container is available or can leave at church office by June 8th**

FREE PUBLIC SHOWING – STOP HUMAN TRAFFICKING

Monday, June 15

Horn Memorial Hospital Conference Center

2 OPPORTUNITIES TO ATTEND

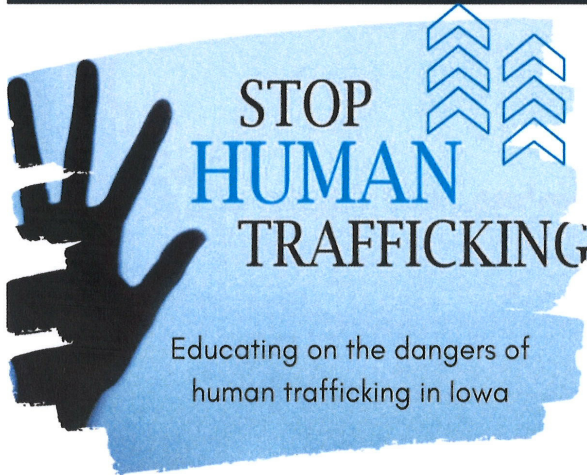
10:00 a.m. - 12:00 p.m.

or

6:30 p.m. - 8:30 p.m.



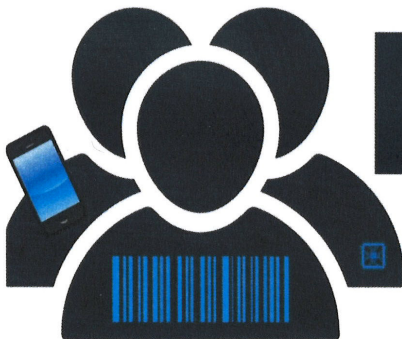
RSVP to Angie Frank, Education Nurse by Friday, June 12
afrank@hornmemorialhospital.org or call 712.364.7236



We are committed to bringing awareness to every community in our state, to help combat and bring clarity on the misconceptions of human trafficking.

Key points:

- WHAT MADE IOWA SO PREVALENT
- REALITIES HAPPENING IN IOWA
- ACTION STEPS EVERYONE CAN DO
- WHAT TO LOOK FOR AND UNDERSTANDING THE MISCONCEPTION
- CULTURE IMPACT: 'WEEDS OF THE GARDEN'



Presenting:
Stacy Besch, Team Iowa



Name: _____

June Word Search



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JUNE

FATHERS DAY

CELEBRATE

FIREFLIES

GRADUATION

STRAWBERRIES

SUMMER

VACATION

FLAG DAY

CAMP

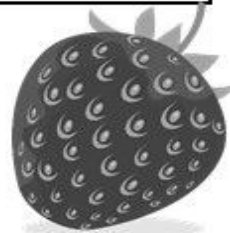
SOLSTICE

WEDDINGS

LONGEST DAY

BEACH

D DAY



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